



ESPY Award-winner Jamie Whitmore Wins the Gold for Her Team and for Foot Drop at the 2015 UCI Para-cycling Track World Championships

*The Get Back UP Today movement grows as TeamUP member
Jamie Whitmore cycles despite paralysis*

Greensboro, NC – March 30, 2015 – Reigning world champion, Jamie Whitmore, held on to her title in the women’s C3 500-meter race on the first day of the 2015 UCI Para-cycling Track World Championships on Thursday, March 26 in Apeldoorn, Netherlands. Whitmore wins not only on behalf of Team USA, but also Allard USA’s TeamUP, the first and only national team of people with foot drop, or paralysis of the lower leg, ankle, or foot.

TeamUP, formed in 2013, includes 13 members from across the country who face limited mobility caused by foot drop paralysis. They’re able to walk, run and cycle with the help of a technologically advanced, carbon fiber line of orthotic devices known as the ToeOFF® family of braces, made by Allard USA. The TeamUP members’ participation in athletic events and public education efforts support its Get Back UP Today movement, which is designed to encourage others with foot drop to overcome mobility issues and take back their lives.

Some common causes of footdrop paralysis include partial foot amputation or deformity, cerebral palsy, stroke, multiple sclerosis, muscular dystrophy, Charcot-Marie-Tooth Disease, spinal cord injury and cancer, which struck Whitmore and caused her condition. Despite her paralysis, Whitmore was recognized last year with a 2014 ESPY Award as the Best Female Athlete with a Disability, and is a full-time athlete, wife, and mother of twins who refuses to let her disability keep her from doing what she loves.

Meet the TeamUP members and learn more about their efforts to help others overcome limitations caused by foot drop at: www.GetBackUPToday.com.

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