

# get back **UP** today

## **MEDIA ANNOUNCEMENT**

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## **Wallingford Woman Competes Saturday 10/31 Despite Paralysis**

*TeamUP Co-Captains will run with her in the Philadelphia Rock 'N' Roll Half Marathon to Raise Awareness of Foot Drop Paralysis*

**WHO:** [Lisa Victorius](#), Wallingford resident and Co-Captain of TeamUP, will be competing in the Rock 'N' Roll Half Marathon on Saturday 10/31 in Philadelphia, despite her paralysis. She recently came in 1<sup>st</sup> place in the Hartford 5K. Victorius was a college athlete when she suffered an injury that might have sidelined her forever without the help of a dynamic response brace that she wears to walk and run. She discovered this solution when she met Beth Deloria.

[Beth Deloria](#) is an accomplished marathon runner despite her paralysis. She is also the founder of TeamUP, a national movement of people who have made the decision to Get Back Up from Foot Drop Paralysis and other mobility issues, to show others that they can meet the challenge and have a better quality of life.

[Todd Hart](#), TeamUP Co-Captain, has foot drop paralysis as a result of Dystonia, a neurological movement disorder that developed following treatment for cancer in 2009. Todd competes in triathlons and running events every year to show others the value of staying active to beat the mental and physical challenges of mobility issues.

**WHAT:** The 2015 Philadelphia Rock 'N' Roll Half Marathon on Saturday, October 31.

**WHERE and WHEN:** The event begins at 7:30am at Eakins Oval in downtown Philadelphia. Runners will pick up their registration packets at the Convention Center on Thursday 12-7pm and Friday 10am – 7pm.

**WHY:** Every time the TeamUP Co-Captains tell their stories, they inspire and educate all the people out there who also have foot drop paralysis. Many of them do not know that they could be walking without tripping, falling, dragging their foot and having the depression that comes with it.

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