

THE ALL-NEW 8 STEPS For Allard AFO Customization

“Get The Alignment Right”

1 Product Selection. Decide stability, based on patient needs



5 Frontal Plane Alignment

- With the patient standing safely in parallel bars, check their alignment with either a plumb line or square.
- Make accommodation on plantar surface of the product using crepe or cork.



**2 Size Selection
Correct Application, based on the following:**

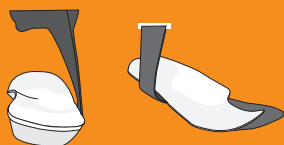
- Foot length
- Activity level
- Body type
- Spasticity
- Deficit type

6 Proximal Control

- Add as little as 1/16" (1.6mm) heel wedge
- *can be addressed in Step 4



3 Foot Orthotic (custom or prefab), UCBL, or SMO

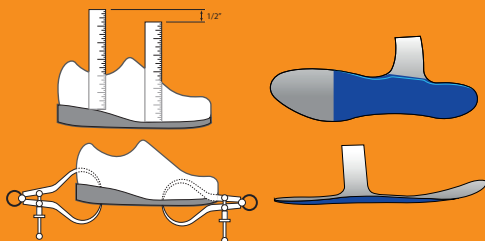


7 Patient Comfort

- Slide foot plate forward or back in the shoe to distribute the pressure evenly across the tibia.
- Add SoftKIT or ComfortKIT.



4 Shoe Selection & Heel Height



- Accommodate heel height difference!

8 Patient Education.

- | | |
|---|---|
| <p>DO's</p> <ul style="list-style-type: none"> • Use hand support ON Sit-to-Stand • Wear SOCKS • Use SoftKIT, ComfortKIT or Custom Interface for tibia as provided with your brace. • Use interface on footplate • Inspect brace on a daily basis • Check SKIN on a daily basis • Wear recommended footwear | <p>DONT's</p> <ul style="list-style-type: none"> • Stairs - Ball of Foot • SQUATS - not at all |
|---|---|

HEEL HEIGHTS

KiddleGAIT® Baby
S/M=1/4"(7mm)
L=5/16"(8mm)

**KiddleGAIT®
KiddleROCKER®**
S=5/16"(8mm)
M/L/XL=3/8"(9mm)

ToeOFF®/BlueROCKER®
XS/S=7/16"(12mm)
M=9/16"(15mm)
L/XL=5/8"(16mm)

Ypsilon® FLOW 1/2
All 2 1/2 models
XS-XL=1/4" (7mm)

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Step by Step Guide for ToeOFF®/BlueROCKER® CUSTOM

Fitting & Product Selection

1 Evaluate Patient with standard ToeOFF/BlueROCKER.

Establishes a baseline for altering the dynamic properties of a standard product.

Choose ToeOFF or BlueROCKER based on Patient's height, weight, shoe size and proximal deficits.

Choose proper shoe. Measure Heel Height of Shoe. Accommodate ToeOFF/BlueROCKER with heel/toe lift if necessary to match heel rise of ToeOFF/BlueROCKER.



Shoe Selection

- Shank & counter
- Toe-to-heel
- Rocker sole
- Facilitate 3rd rocker



2 Capture the Patient model with Cast, Scan or Measurement

Cast:

1. Posterior/Medial Opening
2. Anterior & Lateral Plumb lines.

Scan:

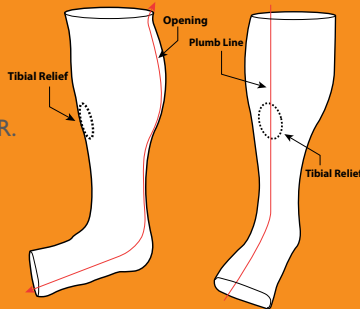
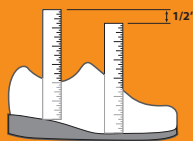
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Measurements:

1. Fill out pages 3, 4 & 5 Completely
2. Picture required.

3 Fill out Custom Forms Completely

Measure Heel Height of Shoe: Critical to get proper alignment of ToeOFF or BlueROCKER. Either measure with a ruler or with calipers.



On order form - Address "Change M-L Stiffness", "Change A-P Stiffness", "Relief of Tibial Crest" and "Relief of OTHER Bony Prominences"

Easy as
1,2,3

Make sure custom forms
are filled out properly!

allard^{USA}

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